
Q3: LOOK IN

Prayerfully ask the Holy Spirit to reveal those things filling your life that could cause you to turn away from Him.
What areas of your life did He show you?



Q2: LOOK OUT

In biblical times, the list above would be considered glorious, impenetrable or grand things that Israel had put their hopes in. (See [Zech. 11:2](#) and [1 Kings 10:22](#) for examples). What is exalted in our modern day lives?

Q3: LOOK IN

What would be on your list? What has become exalted in your life? What do you put your hope in?



Q2: LOOK OUT 

How would your life change if the Lord and His greatness was a greater part of your thoughts?

Q3: LOOK IN

In [Psalm 145:5](#), David says, “On the glorious splendor of Your majesty, and on Your wonderful works, I will meditate.” How can you meditate on His majesty this week? (See [Isaiah 6:1-4](#), [Heb. 12:26-29](#), [Rev. 4](#))



Q2: LOOK OUT

In The Message, [Isaiah 2:22](#) says, “Quit scraping and fawning over mere humans, so full of themselves, so full of hot air! Can’t you see there’s nothing to them?” How do we scrape and fawn over humans today?

Q3: LOOK IN

Who is the first person you go to when you have a problem? What would be different if you went to the Lord first?



Q2: LOOK OUT

What competes for the Lord being exalted in our churches? In our families?

Q3: LOOK IN 

Think about the fact that idols will completely vanish and be cast away on the day of the Lord. What things come to mind that seem so important to you now, but in the end won't matter at all? What change in thinking do you need to make regarding these things?



WEEK 2 GROUP DISCUSSION

MAIN IDEA:

LEAN IN

What do you think of Yoga? Mindfulness? Should Christians participate in these things?

LOOK DOWN & LIVE IT OUT (OUT/IN)

1. Look Down (question 1, day 1):

Have someone read [Isaiah 2:5-8](#), [Isaiah 1:2-4](#) and [Deut. 31:17](#). Why has the LORD abandoned His people? What has filled their lives?

2. Look Out (question 2, day 3):

How would your life change if the LORD and His greatness were a greater part of your thoughts?

3. Look In (question 3, day 5):

Think about the fact that idols will completely vanish and be cast away on the day of the LORD. What things come to mind that seem so important to you now, but in the end, won't matter at all? What change in thinking do you need to make regarding these things?

4. In Your Own Words: Share with your group one thing you learned from your study this week on how you will walk in the light of the LORD.

LOOK UP

Pray that...

- You would praise God and meditate on the splendor of His majesty
- God would show you those areas you have allowed things to come in between your relationship with Him
- He alone would be exalted in your life



