DETERMINATION

Deciding it's worth it to finish what you started

WEEK 3

K-1st

BOTTOM LINE: Keep going even when it gets tough.

Read Galatians 6:9

DAY 1

Be Tough When It Gets Tough

Below is a list of some challenges and your goal is to try and hold each one for 30-seconds each. Ask an adult to time you if they can. Ready, set, go!

- Stand on one foot
- Stand on one foot WITH your arms crossed
- Touch your toes
- No blinking
- Attempt to touch your nose with your tongue
- Spin around
- Stand like a statue
- Close your eyes

Great determination! How can we really find the determination to "stick with it" in real life challenges? That's right, we go to God. We take the things that feel hard and He will give us what we need to stick with it!

Ask God to help you keep going even when it gets tough!

DAY 2

Don't Give Up

Ask an adult to help you look up this month's memory verse in **Galatians 6:9**. In your own words, tell someone what you think this verse means. Now, see if you can you use some determination and find all of the words from this month's memory verse on the back of this page.

Remember that God does not want us to give up!

DAY 3

I Can't Do It

Has your mom or dad ever asked you to do something and your first response was, "I can't do it!" What are some of those things that are really hard for you? Maybe it's helping your mom with some big chores like emptying the dishwasher or learning something new like tying your shoes. Whatever it is that we think we can't do, we can! God wants us to keep going, no matter what it is. Grab a piece of paper and some crayons and rainbow write KEEP GOING until you fill the entire page! It's going to take some determination, but you can do it!

Look for ways to keep going this week instead of giving up!

DAY 4

Just Keep Going

In the Bible story this week, Peter and John were taken to jail for sharing the message of Jesus and they faced some really tough people. It would have been super easy for them to walk away and decide that it was just too hard to do what God had asked them to do. But they decided it was worth it and showed great determination and continued to share Jesus with others. Pray and ask God to give you courage to show this kind of determination.

Dear God,
Thank You that You give me everything I need to do what You ask me to do. Give me courage to keep going even when things get tough. Help me finish what I start because I know I have You on my side!
Amen.

“Let us not become tired of doing good. At the right time we will gather a crop if we don’t give up.” Galatians 6:9, NIrU

What You Do: Find all the words to the verse in the word search. Cross out each word as you find it.

X J J W I L U W I L L W

L G I V E J C R O P S N

A E X T K H T E G F Z I

W G K D H N A R K U Q B

F H G O O D G Y L S V V

D I X D E J A U E T H E

F O C R P E T P T I M E

L A I F F C H Q P N X V

U T W N I B E C O M E W

W N C J G S R T W I U E

J O K Y S U E U B O J M

Q T R S W R I G H T L Z

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