
Abide #7– The Disciple’s Body

January 25 – February 01, 2017

Lean In

1. Statement: “We live in a sex-crazed world” Is this statement true? Why or why not? Provide examples.

Look Down

Read [1 Corinthians 6:12-20](#)

2. List everything you learn about the body in this passage. What is the body for?
3. Read Rom. 12:1, Heb. 13:4, 1 Cor. 6:13. Some Corinthians claimed that the physical acts of eating and digesting food have no bearing on one’s inner spiritual life. As a result, promiscuity also does not affect one’s spiritual life. What’s wrong with this logic?
4. Read 1 Cor. 6:15; 1 Cor. 12:27. What does it mean that we are members of Christ’s body?
5. What is involved in the “one flesh” relationship v16-17? Is it biblically possible to have casual sex, inconsequential sex, or recreational sex? Why or why not?
6. “The truth is that wherever a man lies with a woman, there, whether they like it or not, a transcendental relation is set up between them which must be eternally enjoyed or eternally endured.” ~C.S. Lewis In light of the passage in 1 Corinthians, do you agree with this quote?

7. What are the various consequences of being sexually immoral highlighted in this passage?

8. Read Romans 8:10. List all the things that happen to the body because of sin.

9. Compare and contrast. Read Psalm 32. List everything you learn about unconfessed sin and sin confessed.

Unconfessed Sin	Sin Confessed

10. Read 1 John 2:15-17. 88% of non-Christians have sex before marriage. For evangelicals **80%** are having sex before marriage. Does this statistic surprise you? Discuss considering the 1 John passage.

11. Read Rom. 8:9. Maintaining purity is difficult. Where do we find help to overcome the temptations of the flesh?

12. Read Romans 12:1. What are we to do with our bodies?

Look Out

13. As we look around us, sexuality is well entrenched in every aspect of life in our society. Is it possible to “flee sexual immorality” in a sex-crazed society v.18? Do I truly believe this is possible? Why or Why not?

Look In

14. When have I excused my sin in the name of Christian “freedom” v.12? How did I justify it to clear my conscience? How did I explain my actions to others? Why do I have to get caught before I confess?

15. In Psalm 32 & 51, David cries out and confesses his sin to God. Reflect on the two Psalms. Where in your life is there unconfessed sin? Write out your cry of confession in your personal journal.

16. Reflect and discuss in 2s or 3s. Do I hold a biblically accurate view of my body vv. 19-20? What needs to change if I don't? How can your group of 2 or 3 pray alongside you for the transformation of your mind and how you see your body?

17. Does the thought of having an accountability partner make me break out in cold sweats or hives? Is there a root issue that keeps me from being honest with others? What do I need to do to address this?

18. I _____, am the living temple of God. He has bought me with a price, the blood of His Son Jesus. In what ways, do I feel motivated to honour God with my body because of His grace?

Live it Out

19. Am I still fighting to flee sins that hold me captive or have I conceded the fight? Who will hold me accountable? Will I be completely honest and transparent about my struggles with sin?

Look Up

Prayers of Thanksgiving:

- *That we can boldly enter God's throne room bringing our brokenness and sin to Him.*
- *That as we confess our sins, He remembers them no more (Is. 43:25, Heb. 8:12)*

Pray:

- *For strength and power to overcome the temptations Satan puts before us*
- *For a biblical view of body and the clear understanding that I am the temple of the living God.*
- *That we would no longer give Satan power over us as we harbour unconfessed sin in our lives.*
- *For transparency as we journey together to become true disciples of Christ*